



Do I qualify for Healthy Start?



You qualify for Healthy Start if you're at least 10 weeks pregnant or have a child under four years old **and** you or your family get:

- Income Support, or
 - Income-based Jobseeker's Allowance, or
 - Income-related Employment and Support Allowance, or
- Child Tax Credit (but not Working Tax Credit unless your family is receiving Working Tax Credit run-on only*) **and** has an annual **family income of £16,190 or less.**

You also qualify if you are under 18 and pregnant, even if you don't get any of the above benefits or tax credits.

*Working Tax Credit run-on is the Working Tax Credit you receive in the 4 weeks immediately after you have stopped working for 16 hours or more per week (single adults) or 24 hours per week (couples).

If you qualify for Healthy Start, you may also be entitled to **Rose Vouchers.**

If you would like help applying for Healthy Start or more information about Rose Vouchers to buy Fruit and Veg please call

Carol on 07766 823 895

**Comet Nursery School &
Children's Centre
20 Halcomb St,
London, N1 5RF.**

**Sebright Children's Centre
Haggerston Park,
Queensbridge Road,
London, E2 8NP.**