



Family Support at Sebright Primary School

Family support can offer practical and emotional support dealing with the following:

- Reducing isolation and improving confidence
- Managing children's behaviour
- Helping children through challenging life stages
- Managing on a budget
- Dealing with financial difficulties
- Coping with bereavement and loss
- Low moods or depression
- Stressful time
- 2 year funding and nursery place
- Signpost or refer to other agencies



At difficult times, some extra help can make a big difference.



A Family Practitioner available on every other Friday of the month

at 9:00 to 12:00

At Sebright Primary School

Audrey St E2 8QH

To book an appointment

Please contact

Archana Shamji on 07795 506 783 or 020 7749 1210

To use this service you must have a children under 6 years of age



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