

8.00-9.00	Wake up - Breakfast - Get dressed!
9.00-9.30	"Walk to school": Exercise at home with YouTube videos (i.e. Joe Wicks Live 9am Monday - Friday via YouTube Channel <i>The Body Coach TV</i>)
9.30-10.30	Literacy
10.30-11.00	Play and snack
11.00-12.00	Numeracy
12.00-12.30	Playtime and tidy and clean up
12.30-13.00	Lunchtime
13.00-13.30	Free choice play time
13.30-15.30	Child led projects - Science Experiments, History, Geography, Music, Creative, Drama, Storytelling
15.30-16.00	Home time! "Walk home from school": Exercise
16.00-17.00	Free Choice - TV / Electronic devices allowed
17.00-17.30	Dinner time

Breakfast time: make sure you start the day with some low sugar breakfast.
 "Walk to school": Exercise videos can be found on YouTube – just search for *Cosmic Kids Yoga*, *Five a Day Fitness* or *Just Dance* videos for example. Joe Wicks is also doing a live PE lesson for children from 9-9.30am Monday – Friday.
 Literacy and Numeracy: Please see your class pages for curriculum, lesson ideas and things to do.

Playtime: Allow time for your child to relax, play and have fun!

Child led projects: Look at the medium term plans on the class pages for topic ideas but take your child's lead on activities. If they show a particular interest in a topic for example you can learn alongside them!

Please keep checking your class pages as they will be updated by the teacher.
Please leave comments underneath the photographs on your class page for your teacher to read.